



QUESTIONS & ANSWERS



What is Cyactiv[®] Joint?

Cyactiv Joint is a natural and innovative blend of clinically proven, standardized extracts specifically formulated to support and nourish healthy joints.*

Why is Cyactiv[®] Joint beneficial?

Healthy joints are essential for comfortable and effortless movement and proven nutritional ingredients are crucial to help protect and support joint health and maintain proper mobility, flexibility and function. Formulated to nourish and support cartilage, joints, muscles and connective tissue, Cyactiv Joint provides optimal nutritional support to promote a healthy and active lifestyle.*

What are the ingredients in Cyactiv[®] Joint?

Cyactiv Joint contains high-quality standardized extracts, antioxidants and joint specific compounds to help nourish and support cartilage, joints, muscles and connective tissue for increased comfort and improved quality of life.*

Cyactiv[®] Spirulina Extract.

Reduces existing and future production of free radicals by modulating the inflammatory enzyme COX-2. Cyactiv contains bioactive compounds for cellular protection and antioxidant support. Cyactiv was clinically tested and showed a significant increase in joint comfort at rest and during physical activity and was associated with an increase in daily activity levels.*

NEM[®] Eggshell Membrane.

Eggshell Membranes are a novel source for naturally occurring bioactive compounds such as glucosamine, chondroitin sulfate, hyaluronic acid, collagen type I and sulfur rich compounds. These compounds enter into the composition of the joints extracellular matrix to provide nourishment and increased protection. Eggshell Membrane was clinically tested and shown to improve flexibility and joint function, increase levels of physical activity and overall joint comfort.

Continued on next page

CherryPURE® Tart Cherry Extract.

Rich in phenolic compounds, notably anthocyanins and flavonoids, this powerful antioxidant is standardized to 2% of proanthocyanidins and speeds the recovery process by preventing the symptoms of exercise-induced muscle fatigue and damage. Tart Cherry Extract was clinically tested to support physical performance in athletes by maintaining muscle strength, decreasing muscle soreness, recovery time and fatigue.

Boswellin® PS Boswellia serrata Extract.

Boswellia serrata resin is rich in terpenoids and has been used for hundreds of years in Ayurvedic medicine for the treatment of joint conditions. The selected extract contains compounds that support healthy inflammation and is standardized to 35-50% boswellic acids; compounds that modulate the activity of the inflammatory enzyme 5-LOX. In addition, the presence of polysaccharides increase the solubility and bioavailability of active compounds. Boswellia serrata was clinically tested and shown to reduce discomfort, stiffness and swelling and increase levels of physical activity.

Cyactiv® Joint does not contain dairy, wheat, gluten, peanut, soy or corn allergens. There are no artificial flavors or colors. It is 100% vegetarian and non-GMO.

CONTAINS: Egg derived product.

How do I take Cyactiv® Joint?

For optimum benefit take 2 capsules 2 times daily with meals.

Can children consume Cyactiv® Joint?

The clinical studies on the ingredients in Cyactiv Joint were done using adults, therefore we recommend Cyactiv Joint for adult consumption.

Can Pets consume Cyactiv® Joint?

The clinical studies on the ingredients in Cyactiv Joint were done using adults, therefore we recommend Cyactiv Joint for human adult consumption.

How does Cyactiv® Joint support joint health?

Each ingredient has been clinically tested at the doses provided in Cyactiv Joint. Cyactiv Joint is formulated to nourish and support cartilage, joints, muscles and connective tissue. The formula contains compounds that modulate the inflammatory enzymes COX-2 and 5-LOX, joint specific compounds that nourish and protect joints, and powerful antioxidant phenolic compounds that reduce muscle fatigue and muscle damage.*

Is there research on Cyactiv® Joint?

The ingredients in Cyactiv Joint are well researched and proven to be efficacious at the doses in Cyactiv Joint.

Cyactiv®

Antioxidant and anti-inflammatory properties of an aqueous cyanophyta extract derived from *Arthrospira platensis*: contribution to bioactivities by the non-phycoyanin aqueous fraction.

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4410834/>

Consumption of an aqueous cyanophyta extract derived from *Arthrospira platensis* is associated with reduction of chronic pain: results from two human clinical pilot studies.

<https://www.dovepress.com/consumption-of-an-aqueous-cyanophyta-extract-derived-from-arthrospira-peer-reviewed-fulltext-article-NDS#>

Clinical Safety of a High Dose of Phycocyanin-Enriched Aqueous Extract from *Arthrospira (Spirulina) platensis*: Results from a Randomized, Double-Blind, Placebo-Controlled Study with a Focus on Anticoagulant Activity and Platelet Activation.

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4948198/>

Eggshell Membrane

Eggshell Membrane in the treatment of pain and stiffness from osteoarthritis of the knee: a randomized, multicenter, double-blind, placebo-controlled clinical study.

<https://link.springer.com/content/pdf/10.1007%2Fs10067-009-1173-4.pdf>

Eggshell Membrane: A possible new natural therapeutic for joint and connective tissue disorders. Results from two open-label human clinical studies.

<https://www.dovepress.com/eggshell-membrane-a-possible-new-natural-therapeutic-for-joint-and-con-peer-reviewed-article-CIA>

NEM® Brand Eggshell Membrane Effective in the Treatment of Pain Associated with Knee and Hip Osteoarthritis: Results from a Six Center, Open Label German Clinical Study.

<https://www.omicsonline.org/open-access/nem-brand-eggshell-membrane-effective-in-the-treatment-of-pain-associated-with-knee-and-hip-osteoarthritis-2167-7921.1000136.pdf>

Tart Cherry Extract

Efficacy of a tart cherry juice blend in preventing the symptoms of muscle damage.

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC2579450/>

Effects of powdered Montmorency tart cherry supplementation on acute endurance exercise performance in aerobically trained individuals.

<https://www.ncbi.nlm.nih.gov/pubmed/27231439>

Powdered tart cherry supplementation effectively reduces markers of catabolism and perceptions of muscle soreness following an acute bout of intense endurance exercise.

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4271624/>

Boswellia serrata Extract

Efficacy and tolerability of *Boswellia serrata* Extract in treatment of osteoarthritis of knee--a randomized double blind placebo controlled trial.

<https://www.ncbi.nlm.nih.gov/pubmed/12622457>

A randomized, double blind, placebo controlled, cross over study to evaluate the analgesic activity of *Boswellia serrata* in healthy volunteers using mechanical pain model.

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4175880/>

Boswellia serrata Extract attenuates inflammatory mediators and oxidative stress in collagen induced arthritis.

<https://www.ncbi.nlm.nih.gov/pubmed/24667331>

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What is the capsule made from?

As stated on the label, the vegetarian capsule is made from Hypromellose. Hypromellose is cellulose derived from plant fiber.

Is Cyactiv® Joint certified Kosher and Halal?

All ingredients in Cyactiv Joint are certified Halal and Kosher with the exception of Cyactiv which is certified Kosher only.

What is the shelf life of Cyactiv® Joint?

There is an expiration date on the bottom of each bottle. Cyactiv Joint has a shelf-life of 2 years from manufacturing. All bottles should be stored in a cool, dry place.

Can Cyactiv® Joint be consumed with other Cerule® products and nutrients?

Yes, the Cerule products can be consumed together and were designed to enhance the benefits of each other. Cyactiv Joint contains 500 mg Cyactiv®, our proprietary extract to balance and calm whole body inflammation. Cyactiv Joint is formulated for joint and muscle nourishment. If you should choose to consume both Cyactiv and Cyactiv Joint, we do not recommend taking more than 1 gram (2 capsules) of Cyactiv with Cyactiv Joint.

Are there any known nutrient-medication interactions with Cyactiv® Joint?

We know of no known interaction between Cyactiv Joint and any medication. If you have any health condition and/or are using any medication, then consult your attending health care provider before consuming any nutritional supplement.

Why does Cyactiv® Joint label state “consult your physician if you are pregnant or nursing”?

Pregnancy and nursing are considered special conditions. We recommend that your attending doctor(s) be made aware of any and all supplements consumed during this time. At this time, we do not advise Cyactiv Joint consumption during pregnancy.